

October 1, 2013

Thank-you for trusting Revolution Health & Wellness to partner with you as you move toward optimal health. Our goal at Revolution Health & Wellness has always been to provide extraordinary care for clients while keeping out of pocket expenses to a minimum. October is a big month for us as we are celebrating our first anniversary as a clinic. We look forward to the next year and are excited to share with you new and exciting things that you can expect in 2013-2014. We are thrilled to announce the launch of our online store. This store will give patients access through the Revolution website to order and ship the supplements you need as you need them. You can also purchase Revolution apparel such as t-shirts and headbands. We recently purchased a Heidelberg pH-testing machine that will assist in determining causes of stomach pain, acid reflux and allergies. We are expanding our practice of IV nutrition as both a wellness measure and disease prevention and are exploring the use of PRP for treatment of deep scars.

As you are well aware, we are currently an out-of-network provider with all insurance companies. This choice was very intentional and done to minimize the amount of control the insurance company has over your healthcare decisions. We believe firmly that decisions regarding your health should be made between you and your provider, without input from a third party with financial interests. We have been able to keep your cost down by not balancing your bill once your insurance company has made payment. We recently explored what it would look like for our practice and our patients if we signed a contract with these insurance companies. The contracts were shocking and reinforced why we have chosen to set-up our practice they way we have. By signing a contract we would have removed our right to not balance bill our patients. We would be held by contract to collect all co-pays and deductibles. The contracts specified which laboratory's we would be able to utilize. Our current lab service does not balance bill patients so you never see a bill from them for standard labs. However, once in contract, we would no longer be able to utilize this company and you, the patient, would begin receiving bills for labs collected at an astounding cost. The choice to remain out of network became very easy after reviewing the limitations we would face and the impact of the cost on our patients.

Our ability to receive payment at out of network rates depends solely on your deductible being met. Since we do not balance bill or require you to pay out of pocket for your deductible, the only payment we receive for your physician visits until your deductible is met is the office visit fee you pay at the time of service. This is currently \$75.00. Once your deductible is met, your insurance company will then begin to pay their portion of your visits. In order to continue to provide the same quality Functional Medicine care that you are accustomed to, without beginning to bill for your portion of services until your deductible is met, Revolution Health & Wellness is altering our fee structure to adapt to the range of patient deductibles that we encounter. Our new fee structure will be effective November 1, 2013 and is as follows. Office visit fees prior to patients out of network deductibles being met are \$150.00. Office visit fees after your out of network deductible is met are \$75.00. Our patient care coordinator can assist you in determining if your deductible has been met or not at the time your appointment is scheduled so that you



will always know what your office visit fee will be. The fee structure for prolotherapy will remain the same.

Revolution Health & Wellness is committed to providing care that exceeds all expectations. We want merge cutting-edge science with wellness to create a clinic that assists in moving each patient from illness to wellness, so that you can thrive. We believe in how we practice and know that we are bringing a revolution to our city, through each and every one of you. We are honored that you have chosen our clinic as your healthcare provider.

Should you have any questions or concerns about these changes in fee structure, please call 918-935-3631.

Sincerely,

The Revolution Health & Wellness Team